



## Dive Clothing:

### 1 | Rash Guard or Dive Skins:

These provide added warmth and sun protection and can be worn under your wetsuit

### 2 | Attire beneath your wetsuit:

Pack ample dive apparel, swimwear, dive shirts, shorts/leggings, or sunsuits for daily dives (3-4 sets suggested).  
Rinse after each dive and hang to dry on the top deck.

### 3 | Neoprene Socks or Ankle Socks:

To prevent blisters under booties.



## Non Dive Clothing:

### 1 | Casual Wear: Light, fast-drying clothing for non-diving times.

### 2 | Hoodie/Sweater: For cool evenings and mornings.

### 3 | Waterproof Jacket: For weather changes.

### 4 | Sleepwear and Undergarments:

Wind protection post-dive can be soothing for sensitive ears.

### 5 | Buff (Optional):

Wind protection post-dive can be soothing for sensitive ears.



## Foot-wear:

### 1 | Comfortable Walking Shoe/Sneaker:

Suitable for exploring the islands during land excursions.

### 2 | Comfortable Sandals:

A pair of beach sandals (example: Teva's) that can get wet since some land excursions may have a wet landing.



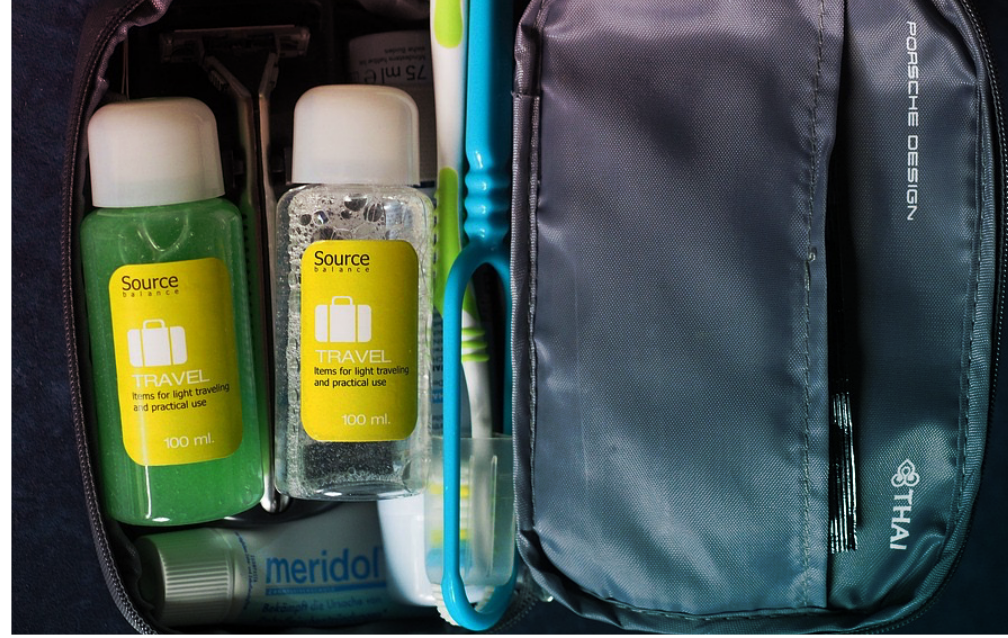
## Sun Protection:

### 1 | Sun Protection:

Reef-safe sunscreen, SPF Lip Balm, Sunglasses.

### 2 | Hat:

Essential for the equatorial sun.



## Toiletries and Personal

- 1 | Toothbrush, Toothpaste, and Other
- 2 | Toiletries: Travel-sized items to save space.
- 3 | Contacts or glasses
- 4 | Leave in conditioner: Especially if you have long hair

***\*Shampoo, soap, towels, and bed linens are provided for you***

\*Please ensure the personal care products you use on the liveaboard are biodegradable, ocean-safe, and reef-safe, as the shower and sink water will end up in the ocean.



## Photography and Electronics:

- 1 | Casual Wear:
 

If you're into underwater photography, make sure your camera, housing, and accessories are packed securely.
- 2 | Chargers and Adapters:
 

Ensure you have the right adapters and chargers for your devices, as power outlets may vary on the liveaboard.

***\*The Galaxy Diver has 110V / 220V outlets***
- 3 | Books or e-reader
- 4 | Headphones
- 5 | Journal

# Packing List



## Medications:

The two most common issues our divers experience are stomach discomfort and ear problems.

The medications listed below are not mandatory but may help you be better prepared in case any medical concerns arise.

|                                      |                                                                                                                                                |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| Personal Medications                 | Paracetamol (fever reducer), Ibuprofen, or other pain reliever.                                                                                |
| Stomach Medicine                     | Ciprofloxacin *Specifically if you are spending time in the Galapagos prior to your trip, the water in the Galapagos can cause stomach issues. |
| Eardrops to clean ears after diving: | Alcohol eardrops or hydrogen peroxide eardrops.                                                                                                |
| Motion Sickness Medication:          | We've had travelers recommend the Scopalamine Transdermal Patch or Dramamine.                                                                  |
| Decongestant Medication:             | Sudafed or other nasal/sinus decongestant.                                                                                                     |
| Cough & Sore Throat Medication:      | Pills, syrups, and/or cough drops.                                                                                                             |
| Sleep aids if Sick:                  | Vicks NyQuil or other nighttime cold or flu medicine.                                                                                          |
| Waterproof Bandages:                 | The Galapagos has very nutrient rich water so it's important to cover all open wounds when diving to prevent infection.                        |
| Anti-inflammatory Medication:        | Cream or tablets for if you get injured onboard.                                                                                               |
| Personal First Aid Kit:              | Include basics like small medical tape/gauze, antiseptic wipes, and antibiotic ointment.                                                       |